

Dyslexia Steps **Free printable worksheets**

Vowel teams worksheets

6 pages · 44 words on the full list · answer key on the last page

Name: _____ Date: _____

For the grown-up: do one page a day, about 5 to 10 minutes. Read each instruction aloud, then let your child do the work. Praise careful tries, not speed. Scan the code at the bottom to hear every word and play the free listening game. Answers are on page 6.

1 Read and re-read

Read each word. Say the sounds, then the whole word. Tick a box each time you read it.

	1	2	3		1	2	3
rain	☐	☐	☐	tail	☐	☐	☐
day	☐	☐	☐	play	☐	☐	☐
see	☐	☐	☐	tree	☐	☐	☐
eat	☐	☐	☐	sea	☐	☐	☐
boat	☐	☐	☐	coat	☐	☐	☐
snow	☐	☐	☐	grow	☐	☐	☐
pie	☐	☐	☐	tie	☐	☐	☐
high	☐	☐	☐	night	☐	☐	☐

Tip: read the list on three different days. By the third tick, most words should come quickly.

Free to share (CC BY 4.0) — Dyslexia Steps

Scan to hear every word and play the listening game

Name: _____

2 Sound boxes

Say the word slowly. Write one sound in each box. Then read the word again.

Tip: push a coin or button into each box as you say each sound, then write. Some sounds are spelled with two or three letters (sh, ck, ee, igh): they share one box.

mail example	m | ai | l
say	| |
bee	| |
seat	| | |
road	| | |
slow	| | |
cried	| | | |
light	| | |
paint	| | | |

Free to share (CC BY 4.0) — Dyslexia Steps

Scan to hear every word and play the listening game

Name: _____

3 Missing letters

Choose the spelling from the box that makes a real word. Write it in the gap, then read the word.

For the grown-up: Only one spelling from the box makes a real word in each gap. You can also say each word aloud and let your child spell the sound.

Sound box: ai ay ea ie igh ow

1. bl ____
   write it: _____

2. tr ____ n
   write it: _____

3. st ____
   write it: _____

4. l ____ f
   write it: _____

5. sn ____ l
   write it: _____

6. tr ____
   write it: _____

7. r ____ t
   write it: _____

8. t ____ m
   write it: _____

9. br ____ t
   write it: _____

10. tr ____ d
    write it: _____

Free to share (CC BY 4.0) — Dyslexia Steps

Scan to hear every word and play the listening game

Name: _____

4 Word sort

Read each word in the box. Write it under the heading where it belongs, then cross it out in the box.

play tree mail tray see rain feet
paint green say day tail

Ai words	Ay words	Ee words

Tip: read the heading word out loud first, then each word in the box. Do they sound alike?

Free to share (CC BY 4.0) — Dyslexia Steps

Scan to hear every word and play the listening game

Name: _____

5 Read the sentences

Read each sentence out loud. Underline the vowel team words. Tick the box when you can read the sentence smoothly.

1. I see a snail on the green leaf. ☐
2. The goat is on the road. ☐
3. We play in the rain all day. ☐
4. The train is slow in the snow. ☐
5. Dad tried the pie at the beach. ☐
6. The light is so bright at night. ☐
7. Put the soap in the bowl. ☐
8. Can a boat sail on the sea? ☐

Great reading! You finished the pack.



Free to share (CC BY 4.0) — Dyslexia Steps

Scan to hear every word and play the listening game

Answer key

For the grown-up. Check together and keep it light: a mistake shows which sound to practise next.

2. Sound boxes

1. **say** s | ay
2. **bee** b | ee
3. **seat** s | ea | t
4. **road** r | oa | d
5. **slow** s | l | ow
6. **cried** c | r | ie | d
7. **light** l | igh | t
8. **paint** p | ai | n | t

3. Missing letters

1. **blow** — ow
2. **train** — ai
3. **stay** — ay
4. **leaf** — ea
5. **snail** — ai
6. **tray** — ay
7. **right** — igh
8. **team** — ea
9. **bright** — igh
10. **tried** — ie

4. Word sort

Ai words: rain, tail, mail, paint
Ay words: day, play, say, tray
Ee words: see, tree, feet, green

5. Underlined words

1. see, snail, green, leaf
2. goat, road
3. play, rain, day
4. train, slow, snow
5. tried, pie, beach
6. light, bright, night
7. soap, bowl
8. boat, sea

Next step: words that were hard today go on tomorrow's re-read list. When the whole pack feels easy, move on to the next list at dyslexiasteps.com/vowel-teams (see "Practise next").

Free to share (CC BY 4.0) — Dyslexia Steps

Scan to hear every word and play the listening game