

Dyslexia Steps Free printable worksheets

Long a words worksheets

6 pages · 57 words on the full list · answer key on the last page

Name: _____ Date: _____

For the grown-up: do one page a day, about 5 to 10 minutes. Read each instruction aloud, then let your child do the work. Praise careful tries, not speed. Scan the code at the bottom to hear every word and play the free listening game. Answers are on page 6.

1 Read and re-read

Read each word. Say the sounds, then the whole word. Tick a box each time you read it.

	1	2	3		1	2	3
cake	☐	☐	☐	tail	☐	☐	☐
rain	☐	☐	☐	play	☐	☐	☐
day	☐	☐	☐	weigh	☐	☐	☐
eight	☐	☐	☐	steak	☐	☐	☐
great	☐	☐	☐	rein	☐	☐	☐
vein	☐	☐	☐	baby	☐	☐	☐
paper	☐	☐	☐	game	☐	☐	☐
make	☐	☐	☐	mail	☐	☐	☐

Tip: read the list on three different days. By the third tick, most words should come quickly.

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Scan to hear every word and play the listening game

Name: _____

2 Sound boxes

Say the word slowly. Write one sound in each box. Then read the word again.

Tip: push a coin or button into each box as you say each sound, then write. Some sounds are spelled with two or three letters (sh, ck, ee, igh): they share one box.

(e) a dotted box is a silent e: write e in it, it makes no sound.

name example	n	a	m	e
nail				
say				
weight				
break				
they				
lady				
gate				
paint				

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Name: _____

3 Missing letters

Choose the spelling from the box that makes a real word. Write it in the gap, then read the word.

For the grown-up: Only one spelling from the box makes a real word in each gap. You can also say each word aloud and let your child spell the sound.

Sound box: a a_e ai ay ei eigh

1. l ___ k ___

   write it: _____

2. tr ___

   write it: _____

3. t ___ ble

   write it: _____

4. pl ___ t ___

   write it: _____

5. r ___ ndeer

   write it: _____

6. sl ___

   write it: _____

7. tr ___ n

   write it: _____

8. sn ___ l

   write it: _____

9. n ___ bor

   write it: _____

10. st ___

    write it: _____

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Scan to hear every word and play the listening game

Name: _____

4 Word sort

Read each word in the box. Write it under the heading where it belongs, then cross it out in the box.

tray game gate tail stay paint
mail say make train name play

A_e words as in cake	Ai words as in rain	Ay words as in day

Tip: read the heading word out loud first, then each word in the box. Do they sound alike?

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Scan to hear every word and play the listening game

Name: _____

5 Read the sentences

Read each sentence out loud. Underline the long a words. Tick the box when you can read the sentence smoothly.

1. Jake will bake a cake on a rainy day. ☐
2. The snail is on the gray tray. ☐
3. Wait for the train in the rain. ☐
4. They paint eight plates. ☐
5. The baby plays with clay. ☐
6. May I take a break and play a game? ☐
7. The lady put bacon on her plate. ☐
8. A sleigh came down the lane in the snow. ☐

Great reading! You finished the pack.



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Answer key

For the grown-up. Check together and keep it light: a mistake shows which sound to practise next.

2. Sound boxes

1. **nail** n | ai | l
2. **say** s | ay
3. **weight** w | eigh | t
4. **break** b | r | ea | k
5. **they** th | ey
6. **lady** l | a | d | y
7. **gate** g | a | t | (e)
8. **paint** p | ai | n | t

(e) = silent e: written, not heard.

3. Missing letters

1. **lake** — a_e
2. **tray** — ay
3. **table** — a
4. **plate** — a_e
5. **reindeer** — ei
6. **sleigh** — eigh
7. **train** — ai
8. **snail** — ai
9. **neighbor** — eigh
10. **stay** — ay

4. Word sort

A_e words: make, game, name, gate
Ai words: tail, mail, paint, train
Ay words: play, say, tray, stay

5. Underlined words

1. Jake, bake, cake, rainy, day
2. snail, gray, tray
3. Wait, train, rain
4. They, paint, eight, plates
5. baby, plays, clay
6. May, take, break, play, game
7. lady, bacon, plate
8. sleigh, came, lane

Next step: words that were hard today go on tomorrow's re-read list. When the whole pack feels easy, move on to the next list at dyslexiasteps.com/long-a-words (see "Practise next").

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