

Dyslexia Steps Free printable worksheets

It family words worksheets

6 pages · 25 words on the full list · answer key on the last page

Name: Date:

For the grown-up: do one page a day, about 5 to 10 minutes. Read each instruction aloud, then let your child do the work. Praise careful tries, not speed. Scan the code at the bottom to hear every word and play the free listening game. Answers are on page 6.

1 Read and re-read

Read each word. Say the sounds, then the whole word. Tick a box each time you read it.

	1	2	3		1	2	3
bit	☐	☐	☐	visit	☐	☐	☐
grit	☐	☐	☐	lit	☐	☐	☐
rabbit	☐	☐	☐	skit	☐	☐	☐
fit	☐	☐	☐	limit	☐	☐	☐
knit	☐	☐	☐	pit	☐	☐	☐
habit	☐	☐	☐	split	☐	☐	☐
kit	☐	☐	☐	orbit	☐	☐	☐
quit	☐	☐	☐	sit	☐	☐	☐

Tip: read the list on three different days. By the third tick, most words should come quickly.

Free to share (CC BY 4.0) — Dyslexia Steps

Scan to hear every word and play the listening game

Name: _____

2 Sound boxes

Say the word slowly. Write one sound in each box. Then read the word again.

Tip: push a coin or button into each box as you say each sound, then write. Some sounds are spelled with two or three letters (sh, ck, ee, igh): they share one box.

wit example	w | i | t
flit	
edit	
digit	
outfit	
bit	
grit	
habit	
fit	

Free to share (CC BY 4.0) — Dyslexia Steps

Scan to hear every word and play the listening game

Name: _____

3 Missing letters

Write a sound at the start to make a real -it word. Use each sound from the box once.

For the grown-up: Any real word is right, not only the one in the answer key. Ask your child to read each word they make.

Use each sound once: l b f spl gr s k fl sk p

1. _____ it
   write it: _____

2. _____ it
   write it: _____

3. _____ it
   write it: _____

4. _____ it
   write it: _____

5. _____ it
   write it: _____

6. _____ it
   write it: _____

7. _____ it
   write it: _____

8. _____ it
   write it: _____

9. _____ it
   write it: _____

10. _____ it
    write it: _____

Free to share (CC BY 4.0) — Dyslexia Steps

Scan to hear every word and play the listening game

Name: _____

4 Word sort

Read each word in the box. Write it under the heading where it belongs, then cross it out in the box.

limit grit visit kit knit rabbit
quit skit fit lit bit habit

CVC -it words	-it words with blends and special starts	Longer words ending in -it

Tip: read the heading word out loud first, then each word in the box. Do they sound alike?

Free to share (CC BY 4.0) — Dyslexia Steps

Scan to hear every word and play the listening game

Name: _____

5 Read the sentences

Read each sentence out loud. Underline the -it words. Tick the box when you can read the sentence smoothly.

1. Sit on the mat a bit. ☐
2. The kit is a good fit. ☐
3. A rabbit hid in the pit. ☐
4. Mom can knit a red hat. ☐
5. Do not quit the skit! ☐
6. We visit the sunlit hill. ☐
7. Split the fig in six bits. ☐
8. The exit is in the cockpit. ☐

Great reading! You finished the pack.



Free to share (CC BY 4.0) — Dyslexia Steps

Scan to hear every word and play the listening game

Answer key

For the grown-up. Check together and keep it light: a mistake shows which sound to practise next.

2. Sound boxes

1. **flit** f | l | i | t
2. **edit** e | d | i | t
3. **digit** d | i | g | i | t
4. **outfit** ou | t | f | i | t
5. **bit** b | i | t
6. **grit** g | r | i | t
7. **habit** h | a | b | i | t
8. **fit** f | i | t

3. Missing letters (any real word is right)

1. **grit** — gr (also right: knit, skit, flit)
2. **split** — spl
3. **pit** — p (also right: bit, fit, kit, lit, sit)
4. **flit** — fl (also right: grit, knit, skit)
5. **sit** — s (also right: bit, fit, kit, lit, pit)
6. **lit** — l (also right: bit, fit, kit, pit, sit)
7. **kit** — k (also right: bit, fit, lit, pit, sit)
8. **fit** — f (also right: bit, kit, lit, pit, sit)
9. **skit** — sk (also right: grit, knit, flit)
10. **bit** — b (also right: fit, kit, lit, pit, sit)

4. Word sort

CVC -it words: bit, fit, kit, lit
-it words with blends and special starts: grit, knit, quit, skit
Longer words ending in -it: rabbit, habit, visit, limit

5. Underlined words

1. Sit, bit
2. kit, fit
3. rabbit, pit
4. knit
5. quit, skit
6. visit, sunlit
7. Split, bits
8. exit, cockpit

Next step: words that were hard today go on tomorrow's re-read list. When the whole pack feels easy, move on to the next list at dyslexiasteps.com/word-families/it (see "Practise next").

Free to share (CC BY 4.0) — Dyslexia Steps

Scan to hear every word and play the listening game