

Dyslexia Steps Free printable worksheets

At family words worksheets

6 pages · 25 words on the full list · answer key on the last page

Name: Date:

For the grown-up: do one page a day, about 5 to 10 minutes. Read each instruction aloud, then let your child do the work. Praise careful tries, not speed. Scan the code at the bottom to hear every word and play the free listening game. Answers are on page 6.

1 Read and re-read

Read each word. Say the sounds, then the whole word. Tick a box each time you read it.

	1	2	3		1	2	3
bat	☐	☐	☐	tomcat	☐	☐	☐
that	☐	☐	☐	mat	☐	☐	☐
wombat	☐	☐	☐	spat	☐	☐	☐
cat	☐	☐	☐	copycat	☐	☐	☐
chat	☐	☐	☐	pat	☐	☐	☐
bobcat	☐	☐	☐	scat	☐	☐	☐
hat	☐	☐	☐	doormat	☐	☐	☐
flat	☐	☐	☐	rat	☐	☐	☐

Tip: read the list on three different days. By the third tick, most words should come quickly.

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Scan to hear every word and play the listening game

Name: _____

2 Sound boxes

Say the word slowly. Write one sound in each box. Then read the word again.

Tip: push a coin or button into each box as you say each sound, then write. Some sounds are spelled with two or three letters (sh, ck, ee, igh): they share one box.

sat example

s	a	t		

slat

format

vat

splat

bat

that

cat

chat

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Name: _____

3 Missing letters

Write a sound at the start to make a real -at word. Use each sound from the box once.

For the grown-up: Any real word is right, not only the one in the answer key. Ask your child to read each word they make.

Use each sound once: m th c sc sp p fl ch b h

1. ____ at
   write it: _____

2. ____ at
   write it: _____

3. ____ at
   write it: _____

4. ____ at
   write it: _____

5. ____ at
   write it: _____

6. ____ at
   write it: _____

7. ____ at
   write it: _____

8. ____ at
   write it: _____

9. ____ at
   write it: _____

10. ____ at
    write it: _____

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Scan to hear every word and play the listening game

Name: _____

4 Word sort

Read each word in the box. Write it under the heading where it belongs, then cross it out in the box.

spat tomcat that mat bat cat copycat bobcat chat flat wombat hat

CVC -at words	-at words with blends and digraphs	Longer words ending in -at

Tip: read the heading word out loud first, then each word in the box. Do they sound alike?

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Scan to hear every word and play the listening game

Name: _____

5 Read the sentences

Read each sentence out loud. Underline the -at words. Tick the box when you can read the sentence smoothly.

1. The cat sat on the mat. ☐
2. A bat is in that hat. ☐
3. The rat ran to the flat mat. ☐
4. Pat the cat on the back. ☐
5. A bobcat sat and had a nap. ☐
6. The acrobat has a red hat. ☐
7. Splat! The gnat fell in the vat. ☐
8. Is that a wombat or a cat? ☐

Great reading! You finished the pack.



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Answer key

For the grown-up. Check together and keep it light: a mistake shows which sound to practise next.

2. Sound boxes

1. **slat** s | l | a | t
2. **format** f | or | m | a | t
3. **vat** v | a | t
4. **splat** s | p | l | a | t
5. **bat** b | a | t
6. **that** th | a | t
7. **cat** c | a | t
8. **chat** ch | a | t

3. Missing letters (any real word is right)

1. **chat** — ch (also right: that, flat, spat, scat, slat)
2. **mat** — m (also right: bat, cat, hat, pat, rat)
3. **hat** — h (also right: bat, cat, mat, pat, rat)
4. **flat** — fl (also right: that, chat, spat, scat, slat)
5. **spat** — sp (also right: that, chat, flat, scat, slat)
6. **cat** — c (also right: bat, hat, mat, pat, rat)
7. **that** — th (also right: chat, flat, spat, scat, slat)
8. **scat** — sc (also right: that, chat, flat, spat, slat)
9. **bat** — b (also right: cat, hat, mat, pat, rat)
10. **pat** — p (also right: bat, cat, hat, mat, rat)

4. Word sort

CVC -at words: bat, cat, hat, mat
-at words with blends and digraphs: that, chat, flat, spat
Longer words ending in -at: wombat, bobcat, tomcat, copycat

5. Underlined words

1. cat, sat, mat
2. bat, that, hat
3. rat, flat, mat
4. Pat, cat
5. bobcat, sat
6. acrobat, hat
7. Splat, gnat, vat
8. that, wombat, cat

Next step: words that were hard today go on tomorrow's re-read list. When the whole pack feels easy, move on to the next list at dyslexiasteps.com/word-families/at (see "Practise next").

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